

Men's Team Action Plan

Objective: Form a competitive men's team drawing mainly from the pool of athletes/developing Ultimate players in the Carrboro/Chapel Hill side of the Triangle.

Outcomes:

- 1) Generate a structured environment in which athletes can develop and master individual and team oriented skills in Ultimate.
- 2) Provide outlet to skilled, competitive play desired by a growing body of athletes who currently do not have access due to limited number of existing teams.
- 3) Improve the level of play locally for everyone with improved play of the members of this team outside of the team's activities.

General considerations for prospective players

- 1) **Spirited competitive play that does not place destination over journey.**
Much of competitive Ultimate has developed a focus on winning and losing, whereas this team will seek to play well and play better, regardless of the outcome of each game.
- 2) Twice weekly commitment during the team's season valued over other Ultimate opportunities.
 - a. One full team practice that moves through a sequence of skill development drills capped by scrimmage.
 - b. One small group practice that works movement and throwing for conditioning early in the season that transitions to full group practice as tournaments approach for team offense and defense themes.
- 3) I love beer, but I can't have other drug use on the team. I am a high school teacher and can not take on that association in good faith with the work I do. In your own house, do as you please. Practices, tournaments, etc have to be free of "those things."

Financial

- 1) We may need to collectively rent a quality practice space.
- 2) Individuals will need to contribute to cover jersey, jersey screening, bids, travel expenses and the like.
- 3) In time we may want to generate a team disc design as well.

Leadership

- 1) One or two other experienced players to captain with me
- 2) Additionally? a person to manage team finance (I already manage two team's costs)
- 3) Potentially interested in an essentially-retired, experienced veteran to coach and manage game time decisions. I've found it to be especially challenging to play 100% and oversee the play of others. I want to focus on my play when on the field.

Timing

- 1) "Season" runs June through UPA Club series tournaments with the goal of making UPA regionals. The team will continue to practice and play year round, but at a lower frequency and intensity.
- 2) The official team will meet and re-form every late spring to account for roster changes and preparation for summer series.
- 3) Tournament play may include leaving on a Friday to get players in place for early Saturday captains meetings and pool play. List of potential tournaments still to be developed.